



Pure Security Insurance

September, 2010 Issue

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Office Hours:
Mon-Fri: 9 A.M. -5 P.M.

About Us

Pure Security Insurance is a local insurance brokerage. We provide FREE quotes from multiple nationally recognized insurance companies. We are dedicated to finding plans that best fit our client's needs. We specialize in the following insurance:

- Medicare**
- Life**
- Health**
- Dental**
- Long Term Care**
- Health Supplements**

Fun Fact

Almost 80,000,000 Hershey's Kisses are wrapped each day, using enough aluminum foil to cover over 50 acres of space. That is enough aluminum foil to cover 40 football fields! The aluminum foil is also recyclable.

Cancer Plans

<p>Are you aware? There are an estimated 107,000 new cases of case this year in Florida alone. There are 1,500 people who are expected to die each day due to cancer. And that cancer is the second most common disease in America.</p> <p>Cancer plans cover medical expenses for</p>	<p>any type of cancer except skin cancer. These expenses include: medical testing, doctor and surgeon charges, and private nursing.</p> <p>Not only do cancer plans cover the basic medical plans, but they also allow the patient to find so type of comfort while being treated. The plans</p>	<p>cover traveling expenses for the patient and a family member.</p> <p>The coverage is guaranteed renewable for life.</p> <p>Cancer plans not only protect you financially but when that time comes your family can freely focus on you getting well.</p>
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Recipe

Baked Chicken and Rice

Ingredients:

- 1 can (10 3/4 oz) cream of chicken soup
- 1 cup of water
- 3/4 cup uncooked rice
- 1/2 tsp. paprika (divided)
- 1/2 tsp. pepper (divided)
- 2 boned, skinned chicken breast
- 1/4 tsp. salt

Preheat oven to 375. In an 8"x8" baking pan, mix the soup, water, rice, 1/4 tsp. of paprika, and 1/4 tsp. of pepper. Sprinkle the chicken breasts with salt, 1/4 tsp. pepper and 1/4 tsp. paprika, then place on top of the rice. Cover with foil (tightly). Bake 45-60 minutes.

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